

From the General Manager

Spring in Sydney is just magic. The sun is out, it's warm but not too hot, and everything just seems so inviting.

To make the most of this we have pulled together our spring social calendar with some enticing activities to shrug off winter and get out of the house.

A couple to watch for, the Easylink to Wellness exercise program is back and will be running throughout September and October. We have also been able to hire out an entire movie theatre for our exclusive use. For only \$15 you can enjoy a new release movie, a light lunch and return transport.

For those looking for a city escape, we will be venturing over the bridge to take in Archibald Prize entries at the Art Gallery of NSW as well as a couple of ferry trips to Barangaroo and the Museum of Contemporary Art.

It's a great time to get out and see this wonderful part of the world we live in.

Dan

Easylink to Wellness Lunch & Exercise Classes are BACK!



\$15

Easylink is delighted to announce the return of our very popular exercise classes at Active Seniors Dee Why - now available twice a week. First, we will take you for a light lunch at Manly Leagues before heading to your exercise class. Classes will focus on balance, strength and aerobic fitness. Afterwards, we will drop you home.

All for only \$15! Hurry to book your spot, as we have limited numbers. All mobilites are welcome!

SOUTH BUS

OCTOBER

Monday 19th
Friday 2nd, 16th, 30th

NOVEMBER

Monday 2nd, 16th, 30th
Friday 13th, 27th

NORTH BUS/FOREST BUS

OCTOBER

Monday 12th, 26th
Friday 9th, 23rd

NOVEMBER

Monday 9th, 23rd
Friday 6th, 20th

Book now to secure your spot

02 9919 0700

