

From the General Manager

Spring, one of the four best seasons in Sydney.

Just a gentle reminder too that daylight savings begins on the 1st of October this year. Please remember to wind your watches forward one hour to avoid surprises with pick up times for trips.

For those of you who are fans of our Easylink to Wellness program, great news, we have been fortunate enough to receive some grant funding from the Manly Leagues for this program. This funding means that for the next four months each session will only cost \$35 per person for subsidised participants. That's \$35 for transport, lunch and an exercise class. Many thanks to the Manly Leagues club for their amazing support.

Being Spring we do have a few of our seasonal favourites coming up in the next couple of months, including the Christmas show at the Fiddler and our Melbourne Cup lunch, and will be trying a new outing to the Japanese Gardens in Gosford. There is a bunch of other great outings to choose from this calendar too, hopefully there is something there for you.

Dan



Check out the
Community
Outings with
Aveo on the
back page

SCRAPBOOKING & MEMORIES

Scrapbooking is a creative way to preserve and present personal and family memories.

This will be a fun day creating your very own memory book. A beautiful memento for you and your family.

Bring along photos of milestones and keepsakes to use on the day.

Thanks to grant funding from Forestville RSL, we can still offer this at a great price.

Price includes transport, class, materials and light lunch

Thursday 23rd Novmeber

\$25 per person

CTP and CHSP customers registered with My Aged Care.
*\$45 for private. NDIS and Home Care Package customers



Proudly Supported by
Forestville RSL



Book now to secure your spot

02 9919 0700



OCTOBER SOCIAL OUTINGS

IMPORTANT INFORMATION -

- Prices listed include transport to and from your home.
- Once you have made a booking, a fee of **\$10** per person will be charged for each **cancellation**.
- Prices listed are for those subsidised through the Commonwealth Home Support Program (CHSP) or Community Transport Program (CTP)
- For NDIS, private customers and those on a Home Care Packages (HCP), an additional \$20 per outing applies. Transportation costs can be claimed through your NDIS and HCP provider - food, tickets, and miscellaneous fees are payable separately. We can advise you of costs upon booking. Please call us on 02 9919 0700 for more information.

Japanese Gardens & Lunch

The Japanese Gardens in East Gosford, is a beautiful garden based on a traditional 'shuya' style with a Japanese pavilion overlooking the Koi Pond and raked stone gardens.



Explore the gardens at your leisure and then we head to Top Point Cafe for Lunch.

Lunch at your own expense.

Thursday 5th October

\$25 per person
\$40 per couple

Grass and
lots of walking



Royal Motor Yacht Club



SATURDAY LUNCH

Enjoy lunch at the beautiful Royal Motor Yacht Club, Newport.

Two course set menu with three choices of main and dessert.

Tea and coffee included.

Saturday 7th October

\$60 per person
\$110 per couple

Easy access

Mystery Morning Tea



Come along for morning tea at a mystery location.

Enjoy a tea or coffee with fellow Easylink customers.

Morning tea will be at your own expense.

NORTH BUS
Monday 9th October

SOUTH BUS
Monday 23rd October

\$15 per person

Easy access

Ettalong Diggers - Lunch

Enjoy a scenic trip to Ettalong, a suburb of the Central Coast, located near Umina and Woy Woy.

The day will also include a stop at Ettalong Diggers for a delicious lunch.

Lunch at your own expense.

Tuesday 17th October

\$25 per person
\$40 per couple

Easy access

Mystery Movie



We are off to the big screen at United Cinemas in Warriewood to enjoy the latest release movie.

Enjoy a snack or light lunch,
food at your own expense,
followed by the
Mystery Movie of the Month.

Thursday 19th October

\$35 per person
\$60 per couple

Easy access

Manly Club - Lunch



SATURDAY LUNCH

A favourite with Easylink passengers, a fresh & modern dining experience using quality local ingredients.

Serving all the classics you know and love with a contemporary twist.

Set menu - main and dessert
with tea and coffee.

Saturday 21st October

\$70 per person
\$130 per couple

Easy access

Wisemans Inn - Lunch



Wisemans Ferry is situated on the banks of the Hawkesbury River.

We will be exploring the local area and then enjoying lunch at Wisemans Inn.

The Inn was established in 1827 and still retains all the charm and heritage of its time.

Lunch at your own expense.

Thursday 26th October

\$25 per person
\$40 per couple

Easy access

Riverboat Postman



Come cruising with us on the Hawkesbury mail boat, the famous Riverboat Postman. The three hour cruise includes morning tea and a ploughmans lunch. Please be prepared for an early start!

TICKET COST \$55 NON REFUNDABLE ONCE BOOKED

Tuesday 31st October

\$80 per person
\$150 per couple

Good mobility
needed

NOVEMBER SOCIAL OUTINGS

IMPORTANT INFORMATION -

- Prices listed include transport to and from your home.
- Once you have made a booking, a fee of **\$10** per person will be charged for each **cancellation**.
- Prices listed are for those subsidised through the Commonwealth Home Support Program (CHSP) or Community Transport Program (CTP)
- For NDIS, private customers and those on a Home Care Packages (HCP), **an additional \$20 per outing applies**. Transportation costs can be claimed through your NDIS and HCP provider - food, tickets, and miscellaneous fees are payable separately. We can advise you of costs upon booking. Please call us on 02 9919 0700 for more information.

Club Rose Bay - Lunch



Club Rose Bay is a long standing RSL club located in Rose Bay.

The bistro offers an appetizing seniors menu starting at \$15. Casual dining setting that offers spectacular views of the Rose Bay Harbour.

Lunch at your own expense

Thursday 2nd November

**\$25 per person
\$40 per couple**

Easy access

Club Palm Beach



SATURDAY LUNCH

Relax with friends in the picturesque location of Palm Beach. Enjoy lunch from the a la carte menu.

Lunch at your own expense.

Saturday 4th November

**\$25 per person
\$40 per couple**

Easy access

Melbourne Cup - Builders Club

Come along for some fun while watching the race 'that stops a nation'. Enjoy a glass of sparkling on arrival and buffet lunch at the Master Builders Club.



Prizes for best dressed the Day!
TICKET COST \$49 NON REFUNDABLE ONCE BOOKED

Tuesday 7th November

**\$70 per person
\$130 per couple**

Easy access

Mystery Morning Tea



Come along for morning tea at a mystery location.

Enjoy a tea or coffee with fellow Easylink customers.

Morning tea will be at your own expense.

NORTH BUS

Monday 13th November

SOUTH BUS

Monday 27th November

\$15 per person

Easy access

Jacaranda Tour & Lunch

Explore Sydney and enjoy the Jacaranda season, where pockets of the city explode into a sea of purple.

Followed by a yummy two course lunch at the Kirribilli Club. Tea and Coffee provided.

Tuesday 14th November

**\$60 per person
\$110 per couple**

Good mobility
needed

Mystery Movie



We are off to the big screen at United Cinemas in Warriewood to enjoy the latest release movie.

Enjoy a snack or light lunch,
food at your own expense.
followed by the
Mystery Movie of the Month.

Thursday 16th November

**\$35 per person
\$60 per couple**

Easy access

Terrey Hills Taven



SATURDAY LUNCH

Terrey Hills Tavern offers a relaxed atmosphere with a comfortable lounge and bistro area.

The menu offers all the pub classics - steak, fish, schnitzel and salads.

Lunch at your own expense.

Saturday 18th November

**\$25 per person
\$40 per couple**

Easy access

Christmas at the Fiddler

Join us at Rouse Hill for a traditional two course Christmas luncheon with a welcome drink and entertainment included.

TICKET COST \$55 NON REFUNDABLE ONCE BOOKED

This is always a big day but worth the trek! (All included in price).



Monday 20th November

**\$80 per person
\$150 per couple**

Easy access

Waterside Bistro



Located within the impressive yet welcoming Empire Marina Bobbin Head in the pristine Ku-ring-gai Chase National Park

Enjoy an idyllic lunch menu by the water.

Lunch at your own expense.

Thursday 30th November

**\$25 per person
\$40 per couple**

Easy access



Easylink to Wellness Lunch & Exercise Classes



Join us on our Easylink to Wellness outings.
We start with lunch at Manly Leagues before your private exercise class at Active Seniors, Dee Why.
Transport provided to and from your home.

All mobilities are welcome!

From \$35*

CTP and CHSP customers registered with My Aged Care.
*\$55 for private. NDIS and Home Care Package customers

OCTOBER **SOUTH BUS** NOVEMBER

Wednesday

4th, 11th, 18th & 25th

Wednesday

1st, 8th, 15th, 22nd & 29th

OCTOBER **NORTH BUS** NOVEMBER

Friday

6th, 13th, 20th & 27th

Friday

3rd, 10th, 17th & 24th

Dance Classes with

YOU SHOULD BE DANCING!

NORTH BUS

Tuesday

October - 3rd, 10th, 17th, 24th & 31st
November - 7th, 14th, 21st & 28th

SOUTH BUS

Thursday

October - 5th, 12th, 19th & 26th
November - 2nd, 9th, 16th, 23rd & 30th

Ageless Moves is a specially designed dance and movement class for those who love to dance to the music you love to listen to.
No jumping, partners or dance experience required.
All classes are non-contact.

Classes start at \$10 (to be paid directly to dance teacher)

Call to book transport from your home.

2023 Easylink Shopping Shuttles

Shopping shuttles run every fortnight and start from **\$15** return. You may bring up to four large zip-up bags onto the bus and we will carry your bags to the front door for you.

Day

Suburbs

Location

Tuesday

(Every Second Week)

Cromer, Dee Why, Narrabeena, Beacon Hill, Manly, Fairlight
Manly Vale, Balgowlah, Queenscliff, Freshwater, Collaroy,
Narrabeena, Allambie, Allambie Heights

Warringah Mall

UNFORTUNATELY THE WARRIEWOOD BUS IS FULL, FEEL FREE TO BOOK OUR INDEPENDENT TRANSPORT FOR YOUR SHOPPING NEEDS.

PRICE UPDATE

Please note that prices listed are for those eligible for CHSP and CTP subsidies.

All others are welcome to join us though there is an additional charge of **\$20** per outing.

Book now to secure your spot
02 9919 0700



AVEO - Social Events

October - December

The Aveo group have opened their doors to Easylink customers. In October - December the Aveo group will be putting on a series of free demonstrations, classes and entertainment just for Easylink customers. Come and explore the Peninsula Gardens and Bayview Gardens villages. Lunch is provided. All you need to pay for is your individual transport from your home.

**Peninsula Gardens
Retirement Village.**

**79 Cabbage Tree Road
Bayview.**

Tuesday 17th October

Health Seminar and Gentle Exercise

Wear comfy clothes suitable for
light movement.
Tour of village and lunch included.

11.15am - 1.15pm

**Bayview Gardens
Retirement Village.**

**36-42 Cabbage Tree Rd
Bayview**

Thursday 19th October

Health Seminar and Gentle Exercise

Wear comfy clothes suitable for
light movement.
Tour of village and lunch included.

11.15am - 1.15pm

**Bayview Gardens
Retirement Village.**

**36-42 Cabbage Tree Rd
Bayview**

Thursday 16th November

Bonsai Demonstration

Megumi Bonsai will present this beginners
guide to bonsai.
Tour of village and lunch included.

10am - 12noon

**Peninsula Gardens
Retirement Village.**

**79 Cabbage Tree Road
Bayview.**

Thursday 23rd November

NUTS Ukulele Performance

Local Ukulele Group will perform sing a long
songs for all to enjoy.
Tour of village and lunch included.

11am - 1pm

**Bayview Gardens
Retirement Village.**

**36-42 Cabbage Tree Rd
Bayview**

Tuesday 19th December

DeCluttering Diva Presentation

Decluttering Diva will give tips on Decluttering,
downsizing or organising your home.
Tour of village and lunch included.

11am - 1pm

**Peninsula Gardens
Retirement Village.**

**79 Cabbage Tree Road
Bayview.**

Thursday 21st December

DeCluttering Diva Presentation

Decluttering Diva will give tips on Decluttering,
downsizing or organising your home.
Tour of village and lunch included.

11am - 1pm