

Easylink to Wellness Lunch & Exercise Classes



Join us on our Easylink to Wellness outings. We start with lunch at Manly Leagues before your private exercise class at Active Seniors, Dee Why. Transport provided to and from your home.

All mobilities are welcome!

From \$35*

CTP and CHSP customers registered with My Aged Care. *\$55 for private. NDIS and Home Care Package customers

DECEMBER SOUTH BUS

JANUARY

Wednesday

Wednesday

6th, 13th & 20th

10th, 17th, 24th & 31st

DECEMBER NORTH BUS

JANUARY

Friday

Friday

1st. 8th. 15th & 22nd

12th & 19th

AVEO - Social Events

December

The Aveo group have opened their doors to Easylink customers.

They will be putting on a series of free demonstrations, classes and entertainment just for Easylink customers.

Come and explore the Peninsula Gardens and Bayview Gardens villages. Lunch is provided. All you need to pay for is your individual transport from your home.

Bayview Gardens Retirement Village.

36-42 CabbageTree Rd Bayview

Tuesday 19th December

DeCluttering Diva Presentation

Decluttering Diva will give tips on decluttering, downsizing or organising your home. Tour of village and lunch included.

11am - 1pm

Peninsula Gardens Retirement Village.

79 Cabbage Tree Road Bayview.

Thursday 21st December

DeCluttering Diva Presentation

Decluttering Diva will give tips on decluttering, downsizing or organising your home. Tour of village and lunch included.

11am - 1pm

2023 Easylink Shopping Shuttles

Shopping shuttles <u>run every fortnight</u> and start from **\$15** return. You may bring up to four large zip-up bags onto the bus and we will carry your bags to the front door for you.

Day

Suburbs

Location

Tuesday (Every Second Week) Cromer, Dee Why, Narraweena, Beacon Hill, Manly, Fairlight Manly Vale, Balgowlah, Queenscliff, Freshwater, Collaroy, Narraweena, Allambie, Allambie Heights

Warringah Mall

UNFORTUNATELY THE WARRIEWOOD BUS IS FULL, FEEL FREE TO BOOK OUR INDEPENDENT TRANSPORT FOR YOUR SHOPPING NEEDS.

Book now to secure your spot 02 9919 0700

