



# FEB / MAR SPECIAL EVENTS


## IMPORTANT INFORMATION -

- Prices listed include transport to and from your home.
- Once you have made a booking, a fee of **\$10** per person will be charged for each **cancellation**.

 SAFETY SERIES 

Our Safety Series will cover topics such as fall prevention, home safety, emergency preparedness, and personal security.

We are teaming up with local community services to ensure you can stay at home for as long as possible.



**Proudly Supported by**  
Forestville RSL


### PART 1

Together with NSW Fire Brigade Forestville and Belrose Rural Fire Brigade, this session will cover home safety, bush fires and fire prevention.  
Held at Forestville RSL - transport and morning tea included.

## Tuesday 11th February

### \*FREE

CTP and CHSP customers registered with My Aged Care.





### PART 2

We have care providers from Yourside to navigate government services and barriers we come across, as well as ageing concerns.  
Held at Forestville RSL - transport and morning tea included.

## Tuesday 11th March

### \*\$40 for private, NDIS and Home Care Package customers

 Easylink to Wellness - Exercise Classes 

Join us on our Easylink to Wellness outings.  
Enjoy a private afternoon class at Active Seniors, Dee Why.  
Afterwards, you can enjoy afternoon tea, a coffee and chat.  
Inclusive access for all mobility types!

Price includes transport, afternoon tea and your exercise class.

**\$25** - CTP and CHSP customers registered with My Aged Care.

**\$40** - Private, NDIS and Home Care Package customers

SOUTH BUS	
FEBRUARY	MARCH
Wed: 5th, 12th, 19th & 26th	Wed: 5th, 12th, 19th & 26th

NORTH BUS	
FEBRUARY	MARCH
Fri: 7th, 14th, 21st & 28th	Fri: 7th, 14th, 21st & 28th

**Book now to secure your spot**  
**02 9919 0700**

